

# What to Expect with Winter Choice CSA



Your order form arrives via email and all orders must be submitted by Thursday of every week. Farmer Tim delivers your food to your home every Sunday (see delivery schedule). Members are advised to give us reasonable options to keep your food safe (leave a beach cooler by the door, give us access to your garage or home, make sure to be home that day). Deliveries typically happen between 10am and 3pm.

## 2 Programs: Full Spectrum, Meatless

**Veggies:** Every week you can expect a variety of seasonal veggies, usually grown at LotFotL, but sometimes other local farms, assuring a wide selection of food. The winter program often include some frozen options like berries and tomatoes and peppers. You choose what you need for the week. As long as everyone only takes what they need for the week, we feel confident that we will typically have enough for everyone to take what they want. There will be 4 weeks at the end of the season that we ask you to order two weeks worth of food.

**Meat:** Each week we have a selection of sustainable meat (beef, pork, chicken, lamb, and specialty items). Popularity and inventory will be factors that contribute to what we have available each week. *Guideline: about \$15-20 worth of meat per adult/wk.*

**Cheese:** We will have cheese available from Cedar Grove and Clock Shadow. *Guideline: up to 1 block/adult/wk.*

**Eggs:** Winter eggs can be sporadic or have limited availability. They will be organically fed. *Guideline can vary but, we typically suggest 6-12 eggs/adult/wk when available*

**Bread:** We order bread from Rocket Baby Bakery and tortillas from Gitto Farm n Kitchen. Orders are taken ahead of time for each week, eliminating waste within the system.

**Others:** Note that items like honey, maple syrup, etc., are available occasionally, especially near the end of the season, and show up on the order form as fun surprises.

